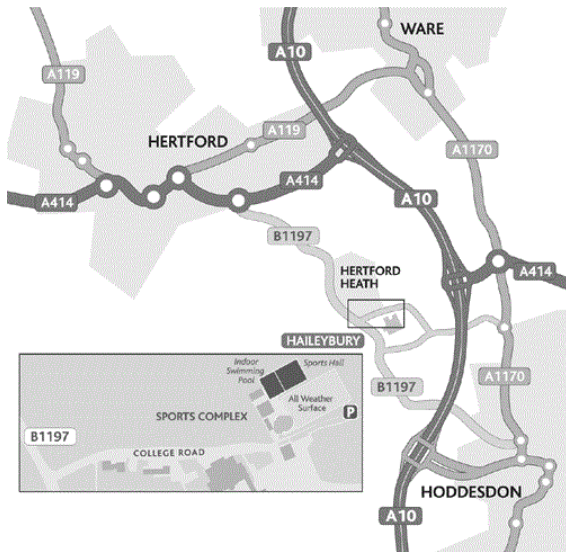




**Hoddesdon Tri Club's Inaugural Junior & Youth Triathlon Event**  
**Saturday 30<sup>th</sup> July 2016**  
**Haileybury Sports Complex, Hertford, SG13 7NU**



To enter please go to :

**[https://www.britishtriathlon.org/members-area/online-entry/events/HTC-Triathlon\\_7085](https://www.britishtriathlon.org/members-area/online-entry/events/HTC-Triathlon_7085)**

Arrival from **7.45am**. Marshalls will direct you to the designated parking areas. Parking is free of charge.

Registration opens from **7:45am** and closes at **8:35am**.

Transition closes at **8:45am** – Race Briefing at **8:45am** – First race starts at **9:00am**.

**Tristart (8 years old) – swim 2 lengths (50m) – bike 1 short lap (800m) – run to finish line (600m)**

**Tristar 1 (9 to 10 years old) – swim 6 lengths (150m) – bike 2 laps (2km) – run 1 lap (1200m)**

**Tristar 2 (11 to 12 years old) – swim 8 lengths (200m) – bike 3 laps (3km) – run 2 laps (1800m)**

**Tristar 3 (13 to 14 years old) – swim 12 lengths (300m) – bike 4 laps (4km) – run 3 laps (2400m)**

**Youth+1 Year (15 to 17 years old) – swim 16 lengths (400m) – bike 5 laps (5km) – run 4 laps (3000m)**

**(Age is calculated as the person's age on 31/12/16)**

Presentations will be made once all races are finished.

Please email [hoddesdontriclub@gmail.com](mailto:hoddesdontriclub@gmail.com) if you have any questions.



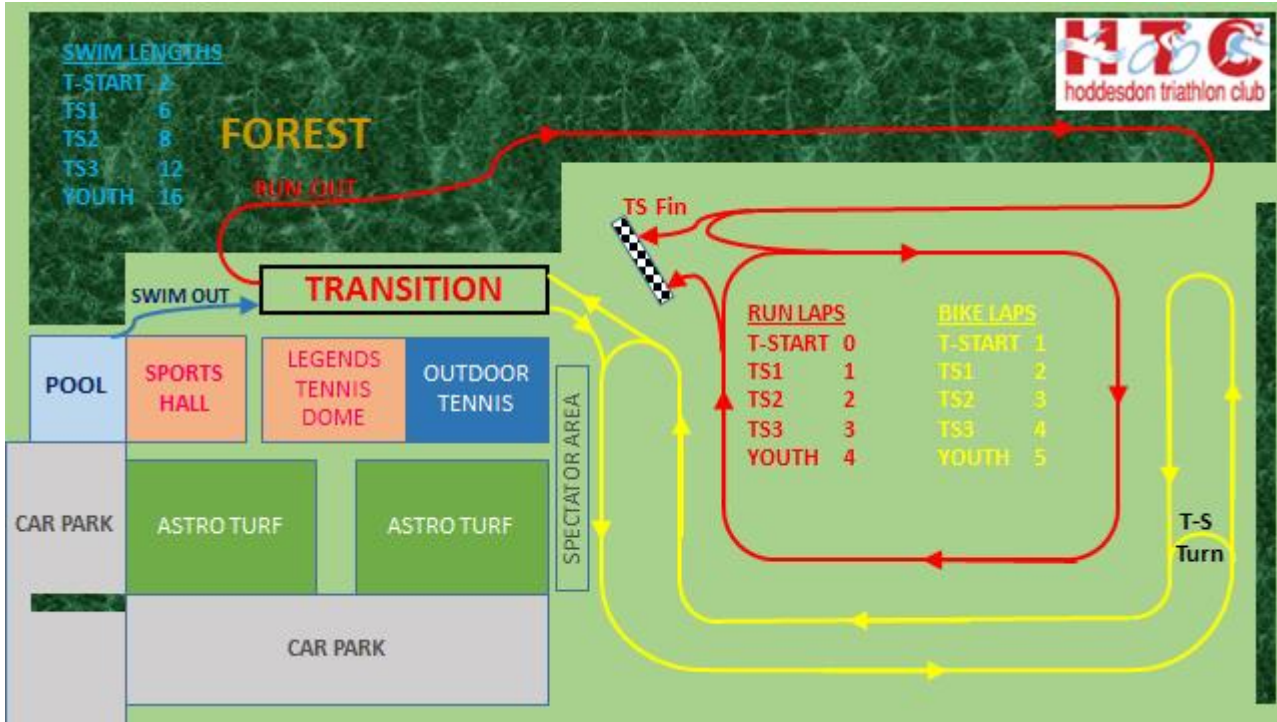
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## Venue – Haileybury School

### Course Descriptions

All routes are on private grounds; the course will be fully marshalled and signed. Start and finish lines are the same for each distance. Part of the run will be on a forest trail, the rest of the run and the bike course will be on grass.



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